

## CommUNITY Resource Guide

To make life a little better for people less fortunate than you. That's what I think a meaningful life is. One lives not just for oneself, but for one's community.

- RUTH BADER GINSBURG

#### Dear CommUNITY Attendee,

Community UNITY ... What a beautiful sentiment, which seems so vital and relevant to the world we are currently living in. We, like so many others, were shocked and saddened by the passing of Justice Ruth Bader Ginsburg on the eve of Rosh Hashanah, the Jewish New Year, this past September. The legacy of RBG teaches and inspires us all to be trailblazers and change-makers for a more diverse, equitable, and inclusive community. We must stand up for what we believe is right, and make sure that our voices are heard and carry others with us on this journey.

Throughout this resource guide, there are programs, both local and national, that are making a positive impact in our St. Louis Jewish community and beyond. We urge you to read about them, reach out to their contacts, and link to their websites to learn more. All of these groups welcome you to learn more about how they are enriching our community through education, community service, Jewish ritual, advocacy, and friendship.

May we all **Be Like Ruth!** 

In health, happiness and UNITY,

Dana Sandweiss & Leslie Yoffie, Event Chairs Julie Yawitz, Vice Chair, Engagement Amy Bender-Levy, Chair



## Access MO

#### **MISSION**

Access MO is a state-wide political action committee, inspired by Jewish values, that provides education about and support to state

and local candidates and initiatives in Missouri that embrace and advocate for reproductive freedom and healthcare.

**CONTACT:** accessmissouri@gmail.com to learn more and join our email list. www.accessmo.today, Vicki Singer 314-484-0681





בית אברהם

Bais Abraham congregation

## Bais Abraham Congregation – Women's Tefillah Group

#### **MISSION**

To facilitate Orthodox women's full participation in all aspects of Jewish communal and shul life, within the guideline of halacha (Jewish law).

#### STRENGTHENING OUR COMMUNITY

Bais Abraham offers unique possibilities for spiritual growth, development of new skills, learning opportunities, and the flourishing of a community of women in an Orthodox setting.

**CONTACT:** Kalanit Chappell, kalanit@baisabe.com office@baisabe.com, 314-721-3030



## Central Reform Congregation MISSION

A vibrant urban Jewish community dedicated to

supporting one another in holy ways, pursuing justice and lifelong learning, and providing a shelter of peace.

#### STRENGTHENING OUR COMMUNITY

We are a Reform Jewish congregation that represents the coming together of a diverse and inclusive group of individuals who accept the responsibility of maintaining a community through respect and friendship. As a diverse and inclusive community, we seek equal roles for men and women and welcome members of interfaith backgrounds, Jews by choice, members of the gay and lesbian community, singles, and people of all ages.

**CONTACT:** Nancy Weigley, Executive Director, 314-361-1564 X105, nancy@centralreform.org, www.centralreform.org



- RUTH BADER GINSBURG



## Chabad's Rosh **Chodesh Society**

#### **MISSION**

The Rosh Chodesh Society is a monthly program for women to discuss relevant text-based topics important to Jewish women. There are programs to help children around the holidays.

#### STRENGTHENING OUR COMMUNITY

Classes and discussions anchor us and empower us, and nurture us as Iewish women.

**CONTACT:** Shiffy Landa. Chadbad of Greater St. Louis, 314-725-0400





# Women's Group

#### **MISSION**

To strengthen and unite the women of Congregation B'nai Amoona; support the congregation and congregants; enrich Jewish education and ties with Israel; and reinforce the understanding and perpetuation of Conservative Judaism.

#### STRENGTHENING OUR COMMUNITY

Congregation B'nai Amoona is providing opportunities for engagement, enrichment, and empowerment to the women of the Sisterhood of Congregation B'nai Amoona. We create events for women to learn, work, and grow together through Jewish programming, worship, and education while connecting old and new friends.

CONTACT: BnaiAmoona.com, 314-576-9990



## **Eishes Chayil**

#### **MISSION**

To strengthen Jewish women by providing social and inspirational programs and learning opportunities.

#### STRENGTHENING OUR COMMUNITY

The St. Louis Kollel provides Jewish learning opportunities for the St. Louis community. Eishes Chayil is the women's division of the Kollel and gears its programs to women of all backgrounds and ages.

**CONTACT:** Gabrielle Solomon, Director of the Women's Division of the STL Kollel, gsolomon@stlkollel.com, 805-795-0213, stlkollel.com





### Hadassah

#### **MISSION**

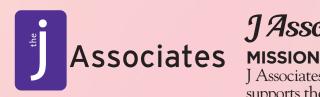
Hadassah, the Women's Zionist Organization of America, is a volunteer organization that enhances the health of people

worldwide through its support of medical care and research at the Hadassah Medical Organization (HMO).

#### STRENGTHENING OUR COMMUNITY

Hadassah is a proudly Zionist organization that supports Israel through its two hospitals in Jerusalem, through which it is a bridge builder and peacemaker. Groundbreaking medical research, youth villages for kids at risk, and advocacy for women's health in Israel and the United States are hallmarks of our work.

**CONTACT:** Cheryl Whatley, cherylzwhatley@gmail.com, 314-591-5290



## **J** Associates

J Associates, a women's auxiliary, supports the St. Louis Iewish

Community Center by promoting public awareness and fundraising through activities that foster camaraderie, develop leadership, and inspire Jewish values.

#### STRENGTHENING OUR COMMUNITY

The I Associates has raised funds for over 30 years to provide support to the programs, services, and scholarships at the J. Working and socializing together and helping those in need builds lifelong friendships and support that has become the trademark of the organization. To date the J Associates have raised over \$1.2 million. With the dedication and commitment of more than 500 members, the J Associates continues to make a difference in the lives of many.

**CONTACT:** Beth Box, Annual Fund Manager, bbox@jccstl.org, 314-442-3109, jccstl.com/jassociates



TO empower women and girls

**MISSION** 

## Jewish Women **International**

IWI is the leading Jewish

organization empowering women and girls through economic literacy, community training, healthy relationship education, and the proliferation of women's leadership.

#### STRENGTHENING OUR COMMUNITY

Jewish Women International is a service organization that began as B'nai B'rith Women and has been in existence for over 100 years. The name was changed to reflect our diverse interests in serving the needy, elderly, oppressed, and abused women and children; sponsoring training programs in education and awareness for domestic violence and family abuse.

**CONTACT:** Marcene Tockman, Past President, 314-432-4091, smtock@aol.com



### Jewish Women's Chai Circle -Chabad of Chesterfield

#### **MISSION**

The Jewish Women's Chai Circle is a group designed for the contemporary woman. The goal of The Women's Circle is to unite Jewish women in the Chesterfield area. An innovative and enriching program, which meets once a month, includes a variety of hands-on activities and projects, discussions, workshops and guaranteed fun.

#### STRENGTHENING OUR COMMUNITY

Creating opportunities for Jewish women to engage Jewishly and socially while encouraging relationships to form across the spectrum of backgrounds, affiliations, whether transplants or locals. Through participating in inspiring and meaningful Jewish experiences, every woman finds a warm and welcoming opportunity to build lasting friendships.

**CONTACT:** Chanala Rubenfeld, 636-778-4000, Chanala@ChabadOfChesterfield.com, ChabadOfChesterfield.com



THE JEWISH WOMEN'S SOCIETY OF ST. LOUIS

## Jewish Women's Society - Aish HaTorah

#### **MISSION**

JWS embraces the values of our Jewish heritage, providing programs and support for Jewish women of all backgrounds, strengthening their Jewish identity and commitment to Jewish life in St. Louis and Israel.

#### STRENGTHENING OUR COMMUNITY

Jewish inspiration and education for women. Discover the sophisticated meaning and depth of understanding of your Judaism.

**CONTACT:** Mimi David, 314-862-2474, MimiDavid@Aish.com, AishStLouis.net



## KeSHEr

#### **MISSION**

Connecting Women Thru Community is Shaare Emeth's new initiative of women's

programming. Our programming focuses on social, spiritual, community engagement, and educational themes.

#### STRENGTHENING OUR COMMUNITY

KeSHEr enhances connections among women in our congregation and the broader community in a warm and positive environment.

**CONTACT:** Jenn Sagett, Co-Chair, 314-707-4180, jennifersagett@gmail.com https://www.sestl.org/connect/kesher-connecting-women-thru-community



## Kol Rinah Sisterhood

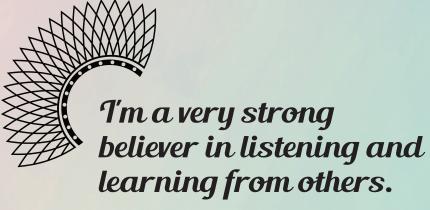
#### **MISSION**

To serve the cause of Judaism by strengthening the bonds of unity among Jewish Women while being committed to the principles of the Conservative Movement.

#### STRENGTHENING OUR COMMUNITY

We recognize our responsibility to formulate ideals of leadership and principles of justice that can serve as a standard that Jewish women in the community can strive toward. To that end we work to support educational and cultural activities, religious and spiritual programs and philanthropic and social justice work in conjunction with Kol Rinah's aims and purposes.

**CONTACT:** Susan Brown, Co-President; susanmbrown 77@gmail.com, 314-993-0305 Joyce Gang, Co-President; jdgang@hotmail.com, 314-533-9579



- RUTH BADER GINSBURG



## Kolot, the St. Louis Jewish Women's

St. Louis Jewish Women's Choir

#### **MISSION**

We strive to enrich our community and one another with Jewish music and song. We share our joy of singing by performing at community events and senior living centers.

#### STRENGTHENING OUR COMMUNITY

Kolot is adult women of all ages and Jewish backgrounds who share a love of singing and performing Jewish and secular music. Our current members represent every branch of Judaism and range in age from 30-somethings to 80-somethings. We are currently gathering monthly on zoom to stay in touch during this time we cannot be together to sing.

**CONTACT:** Betti Blumoff, Kolot Choir Director, 314-757-6683, bettiblumoff@gmail.com



## Kulanu Yachad

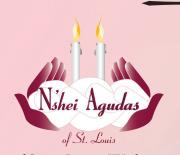
The mission of Kulanu Yachad is to unravel the intellectual,

philosophical, and emotional threads of Judaism for Jews of diverse backgrounds. To instill good morals, values, and practices, through intriguing classes, exciting programs, and seminar events.

#### STRENGTHENING OUR COMMUNITY

Kulanu Yachad majestically presents the Mitzvos and warmly welcomes thousands of Jews, making an indelible imprint on the Jewish community. Shabbos Hotel Seminars, inspiring gatherings and Challah bakes, Torah circulars, and chesed initiatives inspire countless Jews to be proud of their heritage and make Judaism a meaningful, valuable part of their lives.

**CONTACT:** Rivka Berkowitz, Program Director, 314-570-6433, kulanu3@gmail.com, KulanuYachad.org



## N'shei Agudas Yisrœl of Saint Louis

#### **MISSION**

N'shei Agudas is the women's organization affiliated with Agudas Yisroel Synagogue

of Saint Louis. We have a number of active committees associated with all life cycle events. We also provide social engagements as well as education classes for the women.

#### STRENGTHENING OUR COMMUNITY

The Jewish woman is called the foundation and pillar of the Jewish home. She provides the atmosphere, and the physical and spiritual nourishment of the home that extends into the Jewish community and beyond. N'shei Agudas, literally translating to Women of Agudas, are women who fuel and energize their homes and support all Jewish life cycle events, ultimately bringing blessing into the home and the surrounding community.

**CONTACT:** Rebbetzin Tova Greenblatt, Esti Asher, MS, RDN, LD and Daniela Hermelin, MD (Co-Presidents); nsheiagudas@gmail.com



### NA'AMAT USA

#### **MISSION**

In the United States, NA'AMAT USA is a vigorous advocate for progressive legislation advancing women's rights, child welfare, and educational initiatives.

NA'AMAT USA is a member of the Conference of Presidents of Major American Jewish Organizations.

#### STRENGTHENING OUR COMMUNITY

NA'AMAT USA cooperates with Na'amat Israel. We support educational, vocational, and child care services, which improve the quality of life for women and children in the U.S. and in Israel.

**CONTACT:** Beverly Stuhlman, President of the St. Louis Council, 314-725-9372, fayge@sbcglobal.net



## NCJ\\$STL

National Council of Jewish Women St. Louis

## NCJWSTL

#### **MISSION**

Inspired by Jewish values, NCJWSTL's members and supporters work to advance social and economic justice for all women, children, and families.

#### STRENGTHENING OUR COMMUNITY

Our Pillars

Advocacy – Organizing for systemic change through policy and legislation

Community Service – Meeting the community's needs through volunteer service programs that provide for others

Education – Space for everyone to come together to participate in educational opportunities, build relationships, and cultivate leaders to continue this work

Philanthropy – Creating a Culture of Giving through education and storytelling to support our work and that of our community

**CONTACT:** To join or get involved contact Lisa Gubernik, VP of Membership, lgpodo@aol.com or Hillary Hinz, VP of Marketing, hillary.hinz@yahoo.com or call the office at 314-993-5181.



## Nerot: The Young Women's Division of Nishmah

#### **MISSION**

To provide Jewish women in their 20s and 30s the unique opportunity to engage with women of all ages through educational and spiritual programming, within the context of the Nishmah community.

#### STRENGTHENING OUR COMMUNITY

Nerot is uniquely positioned to give young women an intergenerational approach to Jewish community. Through its close ties with Nishmah, the Nerot women build relationships that transcend the age barrier and provide purpose and meaning for any stage of life.

**CONTACT:** Larisa Klebe, Director of Nishmah, 314-442-3111, lklebe@jccstl.org



## Nishmah: The St. Louis Jewish Women's Project

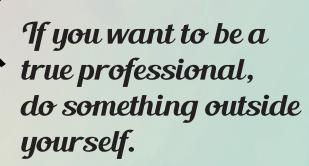
#### **MISSION**

Nishmah inspires, engages, and supports girls and women through educational, spiritual, and social programming. Through a collaborative model, Nishmah strengthens the St. Louis Jewish community.

#### STRENGTHENING OUR COMMUNITY

Nishmah is a welcoming space for women and girls to make connections, both to oneself and to others. We invite curiosity, creativity, and vulnerability as tools for building community and identity. We help individuals be their best selves and live rich, fulfilling lives.

**CONTACT:** Larisa Klebe, Director of Nishmah, 314.442.3111, lklebe@jccstl.org



- RUTH BADER GINSBURG



## Nusach Hari B'nai Zion Sisterhood

#### **MISSION**

The mission of NHBZ Sisterhood is to bring women together to serve and

inspire our congregation, support our community, and enrich our lives through personal and spiritual growth in Torah values.

#### STRENGTHENING OUR COMMUNITY

A reflection of the welcoming nature of our Congregation, NHBZ's Sisterhood is open to all Jewish women – regardless of level of observance – who are committed to building Jewish community by strengthening family, serving the congregation, furthering education, and supporting Israel. We are one of the last surviving Orthodox Sisterhoods ... and stronger than ever!

**CONTACT:** 314-991-2100 ext. 3, sisterhood@nhbz.org, www.nhbz.org/about/sisterhood/



## Sharsheret Supports St. Louis

#### **MISSION**

Support women and families facing breast or ovarian cancer with free, individualized, and confidential programming. Educate Jewish women and men regarding the increased hereditary cancer risks this population faces.

#### STRENGTHENING OUR COMMUNITY

Share our message - SHAR-SHARE-IT! Tell community members about the free, individualized, and confidential support available for women and their families. Knowledge is power. Know both sides of your family's cancer history because of the higher propensity for Jewish women and men to develop a hereditary cancer.

**CONTACT:** Debbi Braunstein, Program Supervisor, Sharsheret Supports St. Louis, 314-442-3266, dbraunstein@jccstl.org; https://jccstl.com/programs/nishmah-sharsheret/



## Taharath Israel -The St. Louis Mikvah Association

#### **MISSION**

Taharath Israel provides a safe, clean, modern space in which all individuals are

treated with dignity and warmth as they use our services for the purpose of ritual immersion. We adhere to the highest halachic standards.

#### STRENGTHENING OUR COMMUNITY

We are proud to announce a fully renovated facility at the Staenberg Family Mikvah on the Millstone Campus. Taharath Israel is the only Mikvah in St. Louis. We are committed to providing safe and clean facilities for ritual immersion as well as educational opportunities.

**CONTACT:** stlouismikvah.simplybook.me, 314-325-9814



## Temple Israel's Women's ConnecTIon

#### **MISSION**

To unite all generations of female members at Temple Israel together through periodic events and community service. No matter where you are in your life, Women's ConnecTIon provides a welcoming and inclusive space for women to celebrate each other and grow together through Jewish programs, holiday observance, social events, and opportunities to give back to our community and to those in need.

#### STRENGTHENING OUR COMMUNITY

Create opportunities for women of all ages to connect with one another and find their place within the congregation, within Judaism and the local community through social, religious, and social action events throughout the year.

**CONTACT:** Chair: Stephanie Greenberg,

Staff Liaison: Martina Stern, 314-432-8050, mstern@ti-stl.org



## Traditional Congregation

#### **MISSION**

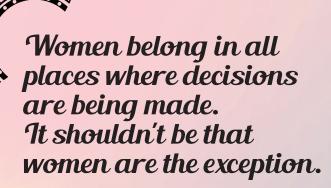
Traditional Congregation offers the community the experience of Judaism's rich heritage of Torah learning and mitzvot in a

welcoming synagogue environment, which respects our diversity of knowledge and practices.

#### STRENGTHENING OUR COMMUNITY

We are "small enough to know you, big enough to serve you." We welcome all backgrounds and encourage each individual to grow, learn, make social connections, and participate in acts of chesed. Our lay-led services provide opportunities to fully participate. We honor traditional Judaism while living in the 21st century.

**CONTACT:** Marian S. Gordon, Executive Director, 314-576-5230, traditionalcong@gmail.com



- RUTH BADER GINSBURG



## Women of United Hebrew

**MISSION** 

To engage in activities that provide meaningful services to United Hebrew and give our members the opportunity to explore and celebrate their Jewish spirit through sponsoring and programming vitally important community-building projects.

#### STRENGTHENING OUR COMMUNITY

Women of UH brings together our community to celebrate the cultural traditions of Judaism by holding educational and social functions for United Hebrew members and their friends. We also assist in celebrating the life-cycle milestones of our members, donate money for camp and youth group scholarships, and items UH needs.

**CONTACT:** Cori Neidenberg, Director of Programming and Communication, 314-434-3404, Cneidenberg@UnitedHebrew.org, UnitedHebrew.org

omen's PHILANTHROPY

## Women's Philanthropy

#### **MISSION**

Women's Philanthropy provides an opportunity for women to connect with each other while learning about and supporting the needs of the Jewish communities in St. Louis, Israel, and around the world.

#### STRENGTHENING OUR COMMUNITY

We provide a variety of events, programs, and classes that support areas of engagement, community service, education, leadership, and development efforts.

**CONTACT:** Stacy Wagerman, Manager, 314-442-3730, swagerman@jfedstl.org



## Young Israel of St. Louis, Women's Division

#### **MISSION**

Young Israel is to bring together all of the Women's Division of Young Israel is to bring together all of the women of the shul, whether new or established, to work together on making the entire community a better place to be either through Esther's Express Purim giveaway, working on the front landscaping, or planning a community dinner.

#### STRENGTHENING OUR COMMUNITY

Women's Division organizes a variety of social and learning activities focusing on Jewish values and issues that are important to the women of our community. We are involved in many fundraising activities to help Young Israel finance those things that could not otherwise be attainable, such as amazing children's programming on Shabbos morning or a new deep freezer, we are there to help where needed.

**CONTACT:** Info@youngisrael-stl.org, YoungIsrael-STL.org, 314-727-1880





