Hila Ben Abraham is interested in exploring ways to better connect the Israeli community with the American Jewish community.

A computer scientist and cybersecurity researcher, Hila started her career as a programmer in the IDF and has been working in the field ever since. Hila received her Ph.D. in Computer Engineering and MSc in Computer Science from Washington University and her BSc in Engineering from Bar Ilan University in Israel. She is currently a senior research engineer at Real-Time Innovations and a former cybersecurity lecturer at Wash U. Hila moved to St. Louis with her family in 2012 with her spouse Eyal and their two children, Sagi and Snir. A participant in the first IAC leadership program, Hila has been involved in many activities in the Israeli community, including co-chair of the Israeli Scouts movement.

Seth Albin is passionate about finding collaborative and pragmatic approaches to making meaningful changes in the Jewish community.

Seth is an attorney and alumni of the Rubin Israel trip. He has been an active volunteer leader in the St. Louis Jewish community serving on the boards of Congregation B’nai Amoona and Jewish Family Services
as well as several committees at the J, including Maccabi and Camp Sabra. In addition to Seth’s Jewish involvement, Seth volunteers for the Domestic Violence Court in St. Louis County and as a volunteer attorney for the Kaufman Fund where he assists veterans with their legal needs. He also serves in various leadership roles with the Bar Association of Metropolitan St. Louis, including past president. Seth is a partner at the law firm of Summers Compton Wells and a graduate of the University of Michigan. He is married to Cynthia Albin, an attorney, and they have two teenage children.

Mariel Brechner is interested in helping the Jewish community connect with Israel and in reducing antisemitism.

Originally from Montevideo, Uruguay, and having grown up in Los Angeles, Mariel works as a Senior Product Manager at Evernorth and worked for almost two decades in various healthcare management roles. She currently volunteers with NCJW on their digital marketing committee and serves on the Ladue Education Foundation (LEF) Allocations committee. Mariel holds a bachelor’s of science in Molecular Biology and Genetics from the University of California at Riverside, a master’s in Public Health from UCLA and a master’s in Business Administration from Washington University in St. Louis. She is married to Kooresh Isaac Shoghi and they have two wonderful children.

Autumn Dennis is passionate about integrating Jewish values into the social action sphere through transformative justice.

Autumn cares deeply about religious life, ritual, prayer, and how to make all of this more accessible. A native of Nashville, Tennessee, Autumn is a religious professional, writer, and educator. They have been active in ecumenical service and social justice nonprofits for over twelve years and volunteers for the Eastern Missouri chapter of the American Foundation for Suicide Prevention. Earning their Master of Theological Studies from Vanderbilt Divinity School and their Master of Divinity from Eden Theological Seminary, Autumn served as an ordained minister for five years before finding a home in Reform Judaism. Currently working at Central Reform Congregation, Autumn serves as their primary liaison for communications and online community accessibility. With Rabbi Susan Talve, Autumn assisted with the creation and launch of the Ashrei Foundation, a 501c3 collaborative advocacy nonprofit.
Jeremy Goldberg is passionate about a vibrant and collaborative young adult community and the power of volunteerism.

Jeremy is currently the Development Associate for YPD, Jewish Federation of St. Louis’ division serving Jewish young adults and engaging them in philanthropy and leadership opportunities. He formerly worked as the Volunteer Coordinator at JFS and was based at the Harvey Kornblum Jewish Food Pantry and helped keep the Pantry actively serving the community during the early stage of covid. Jeremy previously worked at Harvesters – The Community Food Network and AmeriCorps in the Kansas City area. Jeremy grew up in Queens, New York. Jeremy prides himself on being an effective communicator and relationship builder. He attended the University of Buffalo and received a BA from Queens College and a MPPA from UMSL.

Jessica Goltzman is interested in Israeli culture and building relationships through service.

Jessica is active at Congregation Shaare Emeth. Jessica’s family served as a host family for the Shinshinim program which initiated a greater interest in learning more about Israel and Israeli society. Jessica has a Master of Science in Speech Language Pathology and she worked for more than 15 years as a Speech-Language Pathologist, including three years at Saul Mirowitz Jewish Community School. She currently donates her time by cooking and delivering meals to families who are food insecure or recuperating from illness. In addition, she owns and manages properties in the city of St. Louis where she enjoys preserving the city’s beauty and admires the uniqueness of the diverse neighborhoods. Jessica is married and has two teenagers.

Lea-Rachel Kosnik is interested in Jews of Color, Women’s issues, and diversity.

A Sephardic Jew raised in an inter-faith household, Lea-Rachel’s father was a Maryknoll priest and her mother was a Turkish Jew. Lea-Rachel grew up in Detroit, moved to LA for graduate school, and then did a post-doc in Bozeman, Montana. She eventually landed in St. Louis where she has now lived for 16 years. Lea-Rachel has a MA and PhD in Economics from UCLA and is currently a Professor, and the chair of the Economics Department at UMSL where her research is focused on environmental economics, energy economics, and gender issues in academia. Lea-Rachel is married and has a son.
Jennifer Lederman is interested in community service, social justice, and older adults in need.

A native New Yorker, Jennifer recently moved to St. Louis from Texas where she served on the board of directors of her synagogue. Jennifer is currently active at Temple Israel congregation, is in the choir, and serves as the head of the new member involvement committee. Jennifer is a certified paralegal and client relationship manager and paraplanner for Albritton Financial Services. Jennifer is an alumnus of the 2021 Rubin Israel Experience. She has two sons, two daughters-in-law, and three grandchildren.

Jenna Lew-Feit is interested in cultural perspectives of Jewish life, responding to antisemitism, and Tikkun Olam.

Jenna is a General Dentist at Lew Dental Group, in practice with her father. Jenna is adjunct faculty at the Missouri School of Dental Health and a volunteer dentist with Give Kids a Smile. She received her DMD at SIU School of Dental Medicine and BS in Human Physiology at Boston University. Jenna is the granddaughter of Holocaust Survivors and a member of Kol Rinah Congregation. She is a board member of ADL, past chair of ADL’s Glass Leadership program, and has been a volunteer with JCRC, BBYO, and her daughters’ school.

Kevin Litt is interested in Jewish learning and creating connections to the Jewish community.

Growing up in Naples Florida, Kevin was active in the Boy Scouts and spent 18 years working and moving up in the Boy Scouts in southern Georgia, central Florida, St. Louis, and Memphis. After leaving the Boy Scouts, he moved to St. Louis to work as the Director of Development for Epworth Children and Family Services and then to UCP Heartland where he recently became the VP of Development. Active in Congregation B’nai Amoona, Kevin serves on the Executive committee and most recently served as President of the Men’s Club. Kevin is engaged to be married and has a 13-year-old son.

Helen Petty is passionate about social justice and activism.

An alumnus of the 2021 Rubin Israel Experience, Helen is active at Central Reform Congregation, serving as the CRC representative on the JCRC Council, is the chair of
CRC’s Tikkun Olam program, serves on the Ashrei board and was recently elected to the CRC board. Growing up in California, Helen has been engaged in community activism from a young age. She enjoys sharing her opinions while listening and learning from others. Helen is self-employed as an owner of two hair salons and is a mom to a wonderful 16-year-old.

**Adam Rosenberg** is passionate about creating an engaged and inclusive community, combatting antisemitism, and creating fun, exciting and engaging events for the Jewish community.

An Attorney with Dobson, Berns, and Rich, Adam practices employment law representing employees who have been discriminated against in the workplace. Adam grew up in Massachusetts, received his BA at Connecticut College where he served as co-President of Hillel then lived in and worked at a law firm in Tel Aviv for several months, and then went on to receive his J.D. at Tulane University Law School. Adam moved to St. Louis in 2019 and became involved in Federation’s Young Adult Programming serving as a YPD Ambassador, a cohort member of Access Leadership, and an active member of the Ben Gurion Society. Adam serves as VP of Leadership Development for YPD and is in the process of getting involved in ADL (Anti-Defamation League).

**Benjamin Singer** is passionate about inclusive and effective leadership, protecting Israel and global Jewry, and celebrating Jewish community, values, and music.

Benjamin is the CEO of Show Me Integrity, Missouri’s national award-winning, cross-partisan organization for transparent, accountable government. Benjamin has run political reform campaigns for a decade with leaders across the political spectrum including former Sen. John Danforth and then-Treasurer Tishaura Jones, including time based out of Chicago (where he lived in a Moishe House), New York, and Washington. After moving back to Missouri, Benjamin served as Communications Director for Clean Missouri, Communications Director for Treasurer Jones, and Steering Committee Member for Proposition D for Democracy. A graduate of Northwestern University, Benjamin studied Radio/TV/Film and Political Science as a National Merit Scholar, received the Farrell Fellowship and an Excellence Award for Outstanding Production, and served as Cultural Chair of Alpha Epsilon Pi. Benjamin enjoys outdoor adventures, fitness, and singing and dancing, including six shows at the Muny. Benjamin is a member of Bais Abe and Kol Rinah, where he recently served on the board, chairs the Tzedek Team, captains the softball team, and produces the annual Purim Shpiel. Benjamin is also an award-winning filmmaker and lives in University City.
**Yona Spiegelglass** is interested in Jewish ethics, creative/nontraditional Judaism and advocacy.

A graduate of the University of Miami, Yona received her BA in Sociology and minor in Marketing and then earned her MBA from San Diego State University. She spent 20 years in the corporate world and most recently directed brand publicity efforts for a large privately held company in St. Louis. Yona is looking to become more involved in the Jewish community. She now leads marketing and communications for Spiegelglass Construction. Yona and her husband have three kids and live in Olivette.

**Daniel Stark** is interested in bridging divide, representing the values and needs of his community, and putting ideas into practice.

Daniel grew up in Los Angeles in an Orthodox family where he attended a religious dual curriculum school and then three years of study in Yeshiva post-high school. Daniel went on to receive his bachelor’s in Engineering from Columbia University and is an engineer at Boeing. Daniel and his wife chose to move to St. Louis feeling that St. Louis would be a great place to raise a family. He has a wide range of interests from science and technology to philosophy, religion, and management. A member of Agudas Israel, he is currently the System Administrator for both the St. Louis Kollel and Agudas Israel, developing web and tech strategies for both institutions. He and his wife are blessed with two young children.

**Alan Zagier** is interested in bringing his background and skills to the Jewish community and Jewish communal life.

An award-winning journalist, storyteller, coalition builder, and communications strategist, Alan spent more than 20 years as a daily news reporter and editor, including over a decade with The Associated Press, as well for news organizations in Florida, North Carolina, and Washington, D.C., where he started his career. He received a B.A. and M.A. from the University of Maryland and a recent MBA from the Missouri University of Science and Technology. A Baltimore native, Alan moved to Missouri to teach as a visiting professor at the University of Missouri School of Journalism, intending to stay just for the academic year. Eighteen years (!!!) later, he now works as a principal at Tightline Public Affairs, managing communications for clients such as Healthcare for Missouri, the winning 2020 vote to expand Medicaid. A member of
Congregation Shir Hadash, Alan was a FOCUS St. Louis 2020-2021 IMPACT Fellow, an event manager for the 2019 Jewish Muslim Day of Community Service, and a 2018 Rubin Israel Experience alumnus. Alan is married to Ellen Scher-Zagier and has three adult children living in Albuquerque, Nashville and New Haven, Conn.

Millstone Fellows is Federation’s signature leadership program that serves to strengthen the St. Louis Jewish community and region. Federation believes talented leaders who represent the full diversity of the community create a thriving Jewish community. Millstone Fellows creates the space to effectively tackle challenging conversations and community situations through:

- Sharing perspectives and ideas
- Integrating Jewish values into decision-making
- Enhancing leadership skills

Exploring relevant topics on the local, national, and global scene.
Jewish Federation of St. Louis supports the work of our Jewish community by engaging new leaders and welcoming new professional staff, providing training and individualized coaching, and strengthening connections among both professionals and lay leaders of Jewish organizations, schools, and congregations.

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